

South Ayrshire Primary School Menu 2025/2026

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup ✓	Red pepper & tomato soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
Main courses and veg	Tasty protein power balls with tomato sauce & spaghetti ✓ Golden cheese & tomato pizza ✓ Diced garlic & herb potatoes ✓ Sweetcorn ✓	Flakey plant based sausage roll ✓ Potato wedges ✓ Home-made chicken curry & vegetable rice Mixed vegetables ✓ Baked beans ✓	Creamy mac & cheese & crusty bread ✓ Hearty mince and potato Baby carrots ✓ Peas ✓	Golden quorn nuggets ✓ Traditional steak pie Mashed potato ✓ Peas ✓	Fish & chips Rustic lasagne & crusty bread Peas ✓ Baked beans ✓
Baked potato	Baked beans ✓ Cheese ✓	Tuna mayo Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓	Turkey Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓
Sweet	Apple crumble ✓ Custard ✓ Fruit ✓	Yoghurt ✓ Fruit ✓	Raspberry jelly ✓ Fruit ✓	Apple & raspberry sponge ✓ Custard ✓ Fruit ✓	Yoghurt ✓ Fruit ✓
Sandwich	Cheese ✓	Tuna mayo	Cheese ✓	Turkey	Cheese ✓
Sundries	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓

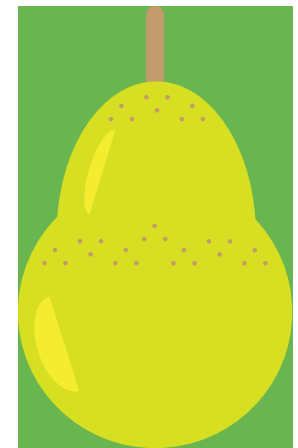
Salad bar available daily ✓

Key

- ✓ - Vegetarian
- ✓ - Vegan



Scan here to see the dates for each weekly menu and allergen information



South Ayrshire Primary School Menu 2025/2026

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup ✓	Curried butternut squash & sweet potato soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
Main courses and veg	Golden cheese & tomato pizza ✓ Creamy mac & cheese & crusty bread ✓ Diced garlic & herb potatoes ✓ Peas ✓ Baked beans ✓	Rustic quorn lasagne & crusty bread ✓ Traditional roast turkey & yorkshire pudding Mashed potato ✓ Mixed vegetables ✓	Home made kashmiri quorn curry & vegetable rice ✓ Beef burger Potato wedges ✓ Sweetcorn ✓ Baked beans ✓	Golden salmon fish fingers Hearty beef chilli & rice Diced garlic & herb potatoes ✓ Sweetcorn ✓ Peas ✓	Fish & chips Tasty sausage casserole Peas ✓ Baked beans ✓
Baked potato	Baked beans ✓ Cheese ✓	Turkey Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓	Tuna mayo Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓
Sweet	Rice pudding & mandarin oranges ✓ Fruit ✓	Yoghurt ✓ Fruit ✓	Drizzle iced raspberry sponge ✓ Custard ✓ Fruit ✓	Yoghurt ✓ Fruit ✓	Ice cream ✓ Fruit ✓
Sandwich	Cheese ✓	Turkey	Cheese ✓	Tuna mayo	Cheese ✓
Sundries	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓

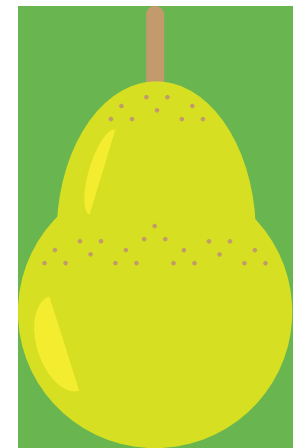
Salad bar available daily ✓

Key

- ✓ - Vegetarian
- ✓ - Vegan



Scan here to see the dates for each weekly menu and allergen information



South Ayrshire Primary School Menu 2025/2026

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup ✓	Potato & leek soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
Main courses and veg	Golden quorn nuggets ✓ Creamy mac & cheese & crusty bread ✓ Diced garlic & herb potatoes ✓ Peas ✓ Baked beans ✓	Tangy tomato & mascarpone pasta ✓ Home-made chicken curry & boiled rice Crusty bread ✓ Mixed vegetables ✓	Plant protein sausage beano ✓ Traditional steak pie Mashed potato ✓ Broccoli ✓	Golden cheese & tomato pizza ✓ Rustic pasta bolognese & crusty bread Potato wedges ✓ Corn on the cob ✓ Baked beans ✓	Fish & chips Chicken burger Peas ✓ Baked beans ✓
Baked potato	Baked beans ✓ Cheese ✓	Tuna mayo Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓	Turkey Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓
Sweet	Chocolate & raspberry sponge ✓ Custard ✓ Fruit ✓	Yoghurt ✓ Fruit ✓	Apple crumble ✓ Custard ✓ Fruit ✓	Yoghurt ✓ Fruit ✓	Ice cream ✓ Fruit ✓
Sandwich	Cheese ✓	Tuna mayo	Cheese ✓	Turkey	Cheese ✓
Sundries	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓

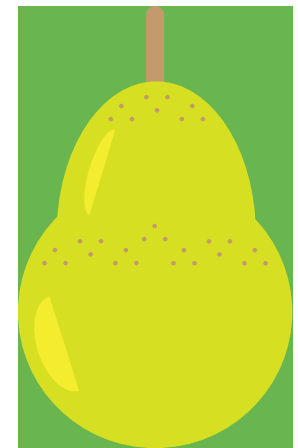
Salad bar available daily ✓

Key

- ✓ - Vegetarian
- ✓ - Vegan



Scan here to see the dates for each weekly menu and allergen information



2025 South Ayrshire school menu weekly guide

Week 1

Week 2

Week 3

January

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

2026 South Ayrshire school menu weekly guide

Week 1

Week 2

Week 3

January

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			