**Pre-school Gymnastics**

**Important Guidelines**

In line with Scottish Government advice we have made some changes to the way our Pre-school gymnastics classes operate. These measures have been put in place to keep your child and our staff safe. Please read these guidelines carefully before bringing your child to class.

As restrictions relax we are hopeful to be able to return to a more normal environment within our gymnastics classes and will update you with any changes as they occur.

**\*\*Do not bring your child to gymnastics classes if they or anyone in your household is experiencing any COVID-19 symptoms and let us know if you develop symptoms.\*\***

Please adhere to the following guidelines:

* **Parents/Guardians must wear face masks at all times. (exemptions apply).**
* Over 18’s will require to maintain physical distancing.
* **One parent/guardian must accompany and be present during your child’s pre-school class.** At this time, we are unable to allow more than one adult per child. Other spectators are not permitted.
* Please arrive in time before your scheduled session start time.
* Designated **entry** will be from the fire **exit doors**, which will be clearly marked. Doors will be open just before your class starts.
* Your class coach will meet you at the designated entry point and register the children on arrival.
* Come dressed ready for class.
* We suggest you bring your own pre-filled water bottle.
* Hand sanitiser will be provided on entry and exit of the venues.

If you have any questions or concerns during your visit please let a member of staff know and they will be happy to help.

We appreciate your continued patience during this time and we look forward to welcoming our little gymnasts back!