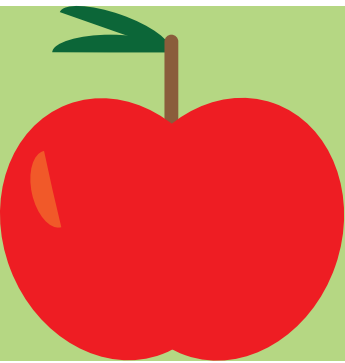
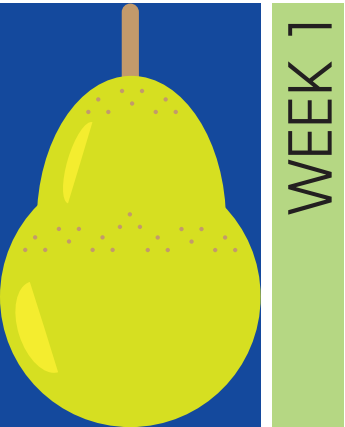


SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2024/2025

WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup Potato & leek soup	Lentil soup Tomato & red pepper soup	Lentil soup Chicken noodle soup	Lentil soup Chicken & rice soup	Lentil soup
Mains option 1	Cheese & tomato pizza	Chicken curry, boiled rice & chapati	Beef mince	Steak pie	Breaded fish
Mains option 2	Vegetarian meatballs	Vegan sausage roll	Macaroni cheese & garlic bread	Spicy veg noodles	Lasagne & garlic bread
Veg	Diced garlic & herb potatoes, sweetcorn	Potato wedges, mixed veg, vegetable rice, beans	Mashed potato, peas, carrots	Mashed potato, peas	Chips, beans, peas Coleslaw
Self-service fruit bar & salad bar available daily					

Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings
 Paninis, pizzinis & toasties
 Baked potatoes
 Pots to go



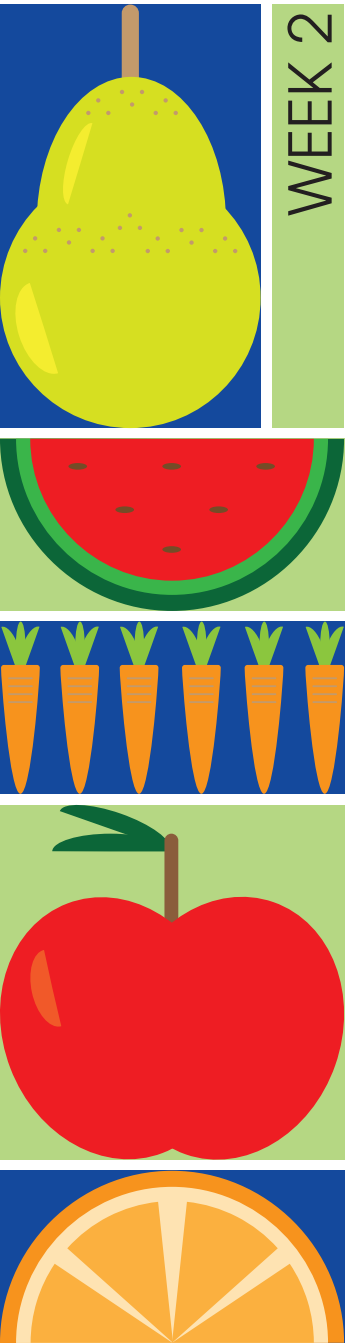
Scan here to see the dates for each weekly menu and allergen information





















- Vegetarian

- Vegan

SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2024/2025

WEEK 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup  Cream of broccoli soup 	Lentil soup  Curried butternut & sweet potato soup 	Lentil soup  Potato & leek soup 	Lentil soup  Chicken & rice soup	Lentil soup 
Mains option 1	Cheese & tomato pizza 	Roast turkey & yorkshire pudding	Kashmiri quorn curry & vegetable rice 	Fish cakes	Breaded fish
Mains option 2	Macaroni cheese & garlic bread 	Quorn lasagne & garlic bread 	Beef burger	Beef nachos Quorn nachos 	Sausage casserole
Veg	Pizza style potato cubes, peas, beans 	Mashed potato, mixed veg 	Potato wedges, sweetcorn, beans 	Garic & herb potato wedges, peas, sweetcorn 	Chips, beans, peas  Coleslaw 
Self-service fruit bar & salad bar available daily 					

Available Daily
Sandwiches, rolls, wraps & baguettes with a variety of fillings
Paninis, pizzinis & toasties
Baked potatoes
Pots to go



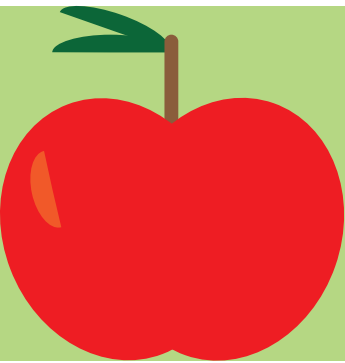
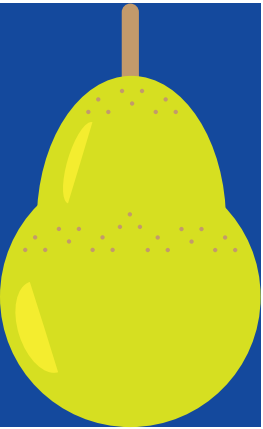
Scan here to see the dates for each weekly menu and allergen information

 - Vegetarian

 - Vegan

SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2024/2025

WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup Tomato & red pepper soup	Lentil soup Potato & leek soup	Lentil soup Chicken noodle soup	Lentil soup Chicken & rice soup	Lentil soup
Mains option 1	Macaroni cheese & garlic bread	Chicken curry & boiled rice	Steak pie	Pasta bolognese & garlic bread	Breaded fish
Mains option 2	Fish goujons	Tomato & mascarpone pasta & garlic bread	Sausage beano	Chicken tortillas	Chicken goujons
Veg	Pizza style potato wedges, peas	Mixed veg	Mashed potato, broccoli	Pizza style potato wedges, corn on the cob	Chips, beans, peas Coleslaw
Self-service fruit bar & salad bar available daily					

Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings
 Paninis, pizzinis & toasties
 Baked potatoes
 Pots to go



Scan here to see the dates for each weekly menu and allergen information

- Vegetarian

- Vegan